

BASIC ABHIDHAMMA



Living

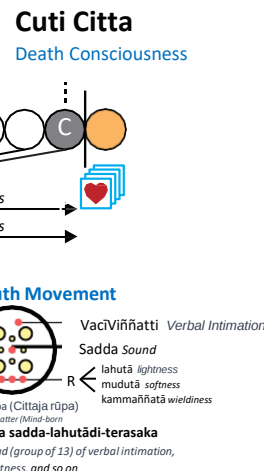
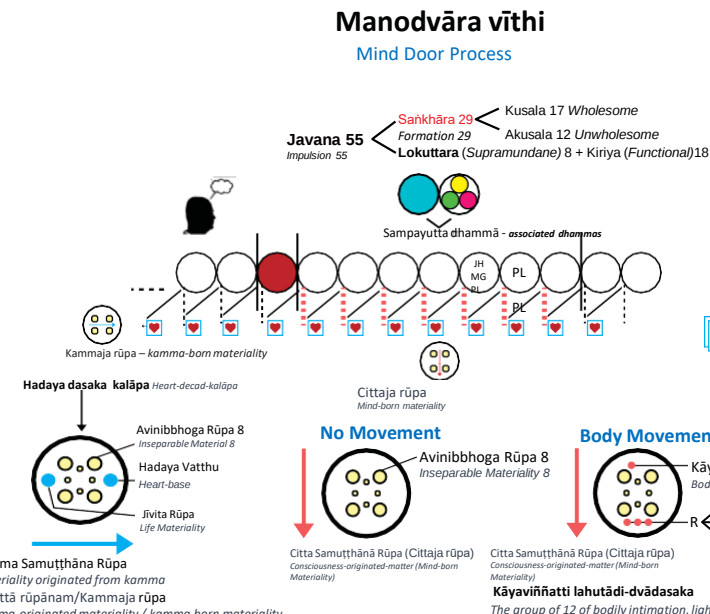
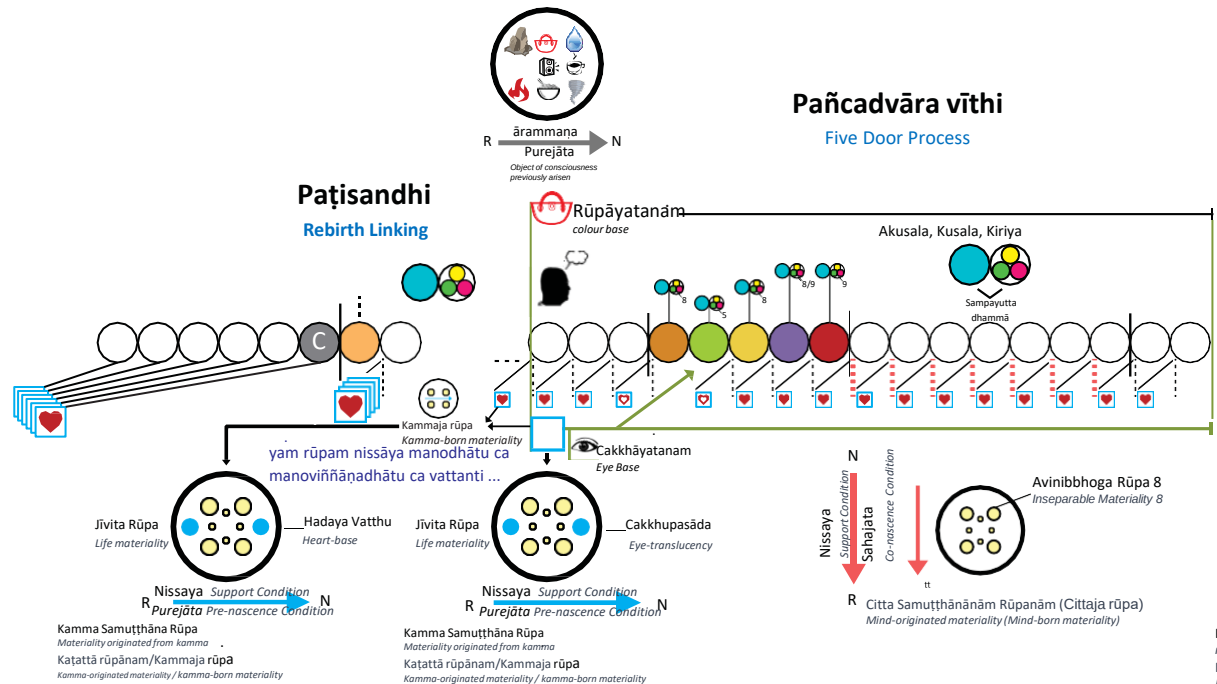


SAD & SORRY



HAPPY

COGNITIVE Process (Vithi)



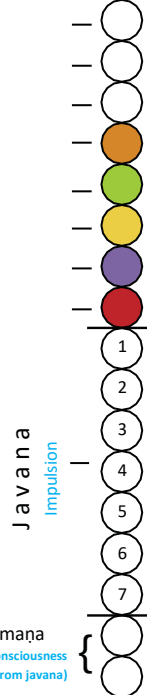
16 Vipassanā Ñāṇa 16 Insight Knowledge

1. **Ñāṭa Pariññā**
 1. **NāmaRūpaPariccheda Ñāṇa** – Knowledge of the definition of mentality-materiality
 2. **Paccaya Pariggaḥa Ñāṇa** – Knowledge of the comprehension of conditions
2. **Tiraṇa Pariññā**
 3. **Sammasana Ñāṇa** – Knowledge of comprehension
 4. **Udayabbaya Ñāṇa** – Knowledge of arising and perishing
3. **Pahāna Pariññā**
 5. **Bhaṅga Ñāṇa** – Knowledge of dissolution
 6. **Bhaya Ñāṇa** – Knowledge of fearsomeness
 7. **Ādinava Ñāṇa** – Knowledge of danger
 8. **Nibbidā Ñāṇa** – Knowledge of disenchantment
 9. **Muñcitukamyatā Ñāṇa** – Knowledge of longing for liberation
 10. **Paṭisaṅkhā Ñāṇa** – Knowledge of reflection
 11. **Saṅkhārupekkhā Ñāṇa** – Knowledge of equanimity towards formations
 12. **Anuloma Ñāṇa** – Knowledge of conformity
 13. **Gotrabhu Ñāṇa** – Knowledge of the change-of-lineage
 14. **Magga Ñāṇa** – Knowledge of the path
 15. **Phala Ñāṇa** – Knowledge of the fruition
 16. **Paccavekkhaṇa Ñāṇa** – Knowledge of reviewing

7 Visuddhi 7 Purifications

1. **Sīla Visuddhi** – Purification of morality
2. **Citta Visuddhi** – Purification of the mind
3. **Diṭṭhi Visuddhi** – Purification of view
4. **Kaṅkhavitarana Visuddhi** – Purification by overcoming doubt
5. **Maggāmagga-ñāṇadassana Visuddhi** – Purification by knowledge and vision of what is & is not the path
6. **Paṭipadā-ñāṇadassana Visuddhi** – Purification by knowledge & vision of the way
7. **Ñāṇadassana Visuddhi** – Purification by knowledge and vision

Atīta-Bhavaṅga
Past Bhavanga
Bhavaṅga-Calana
Visioning Bhavanga
Bhavaṅga-upaccheda
Arrested Bhavanga
Pañcadvāravajjana
5-door adventing consciousness
Pañcaviññāna
5-sense door consciousness
Sampattiṇa
Receiving consciousness
Santīraṇa
Investigating consciousness
Voṭṭhapaṇa
Determining consciousness



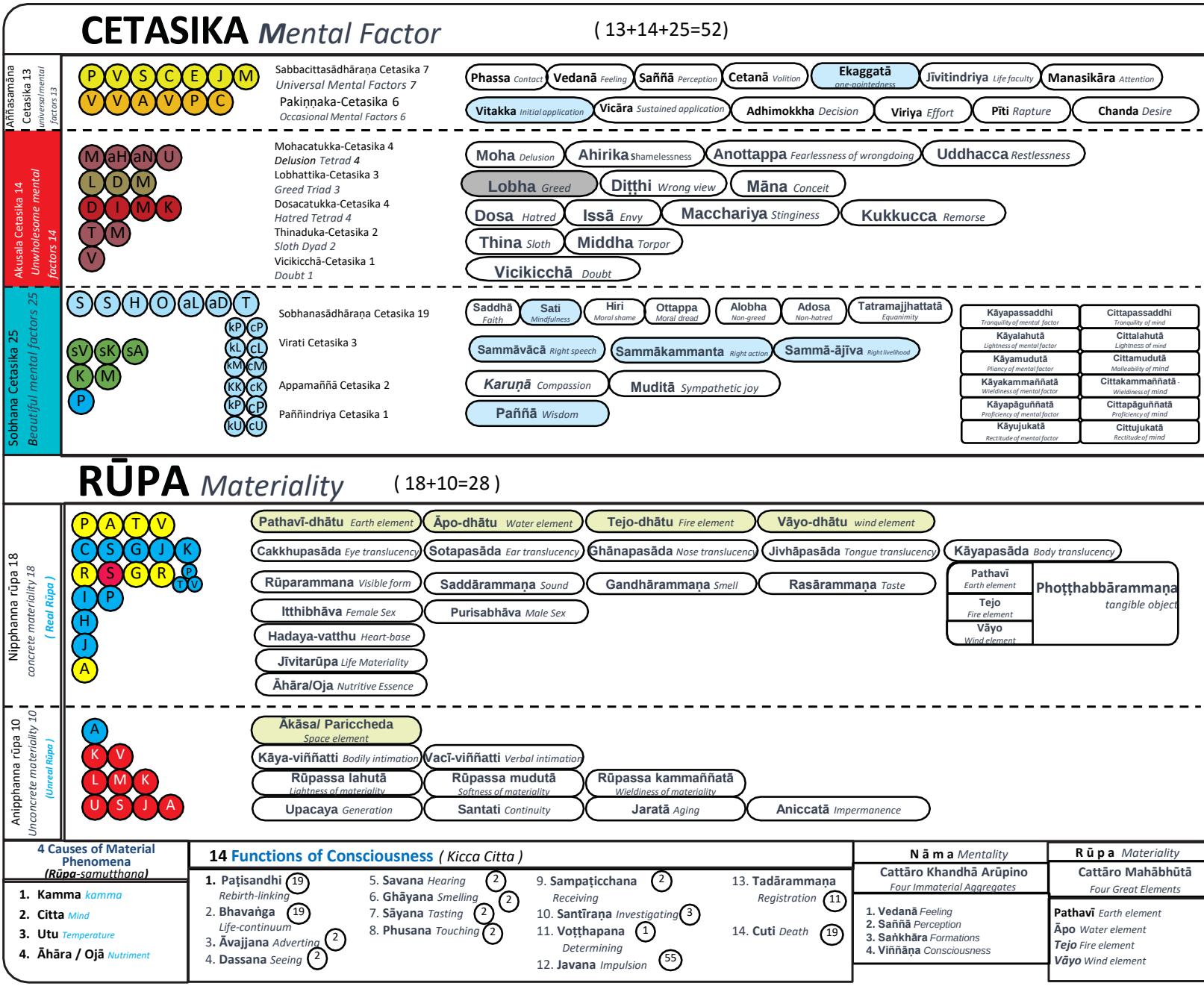
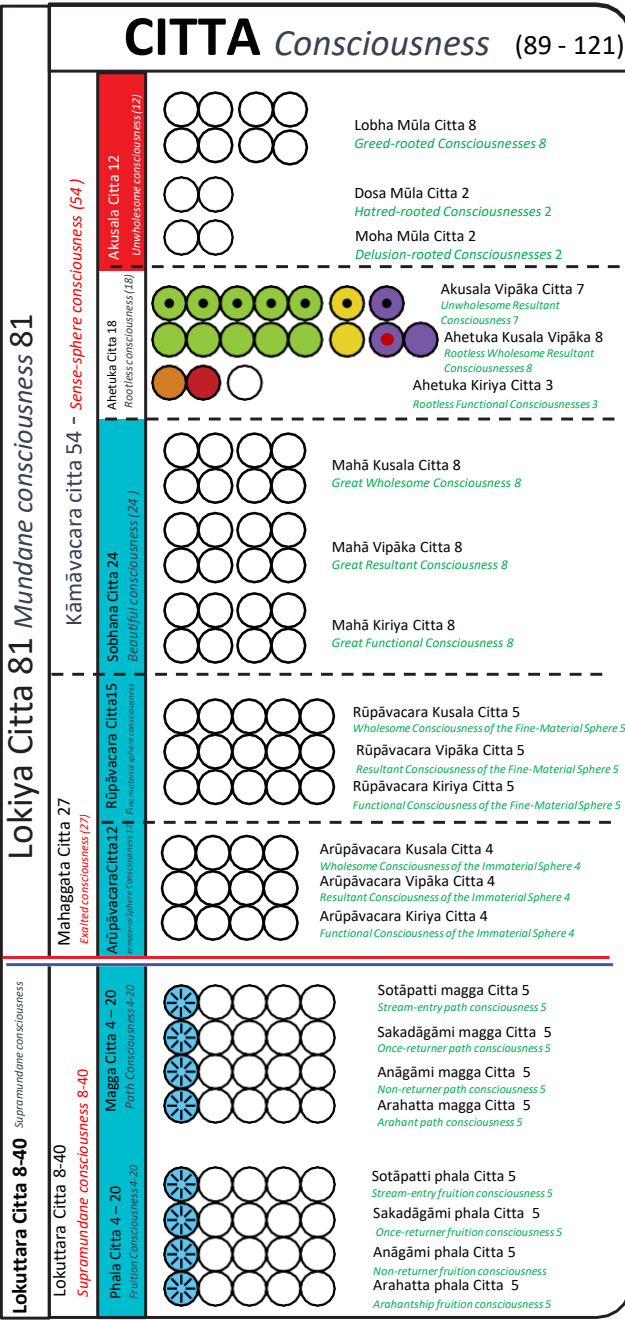
PAṬICCA SAMUPPĀDA Dependent Origination → 1. AṅGA Factors 2. KĀLA(Addhā) Time periods 3. SANDHI Links 4. SAṆKHEPA Layers 5.ĀKĀRA Modes 6. VAṬṬA Rounds 7. MŪLA Roots

Avijjā → Saṅkhārā → Viññāṇa → Nāma-Rūpa → Saḷāyatana → Phassa → Vedanā → Taṇhā → Upādāna → Bhava → Jati → Jarā-Maraṇa Soka-Parideva-Dukkha-Domanassupāyāsā Sambhavanti

Ignorance → Volitional Formations → Consciousness → Mentality-Materiality → Six Sense Bases → Contact → Feeling → Craving → Clinging → Becoming → Birth → Aging and Death, Sorrow, Lamentation, Pain, Grief, and Despair Arise

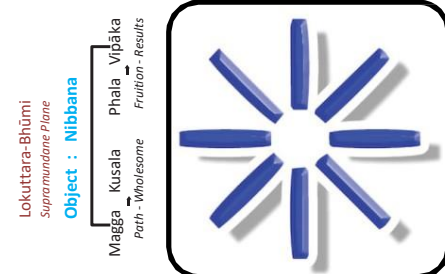
KAMMA 4 Four types of Kamma

I. KAMMA ACCORDING TO PRIORITY OF BEARING FRUITS (Pāṇḍita-pāyāsiya-kamma Cūḷukka)	II. KAMMA WITH RESPECT TO THE PLACE OF FRUITION (Pāṇḍita-kamma Cūḷukka)	III. KAMMA ACCORDING TO FUNCTION (Vīra-kamma Cūḷukka)	IV. KAMMA WITH RESPECT TO THE TIME OF BEARING RESULTS (Pāṇḍita-kamma Cūḷukka)
1. Garuka-Kamma (Weighty Kamma) 2. Āsanna-Kamma (Near-Death Kamma) 3. Āciṇṇa-Kamma (Habitual Kamma) 4. Katattā-Kamma (Accomplished Kamma)	1. Akusala-Kamma (Unwholesome Kamma) 2. Kāmavacarakusala-Kamma (Wholesome Kamma of the Sense Sphere) 3. Rūpavacarakusala-Kamma (Wholesome Kamma of the Fine Material Sphere) 4. Arūpavacarakusala-Kamma (Wholesome Kamma of the Immaterial Sphere)	1. Janaka-Kamma (Productive Kamma) 2. Uppatthambhaka-Kamma (Supportive Kamma) 3. Uppajjaka-Kamma (Obstructive Kamma) 4. Upaghataka-Kamma (Destructive Kamma)	1. Diṭṭhadhammavedaniya-Kamma (Presently-Effective Kamma) 2. Uppapajjavedaniya-Kamma (Subsequently-Effective Kamma) 3. Aparāparyavedaniya-Kamma (Indefinitely-Effective Kamma) 4. Ahoṣi-Kamma (Lapsed Kamma)



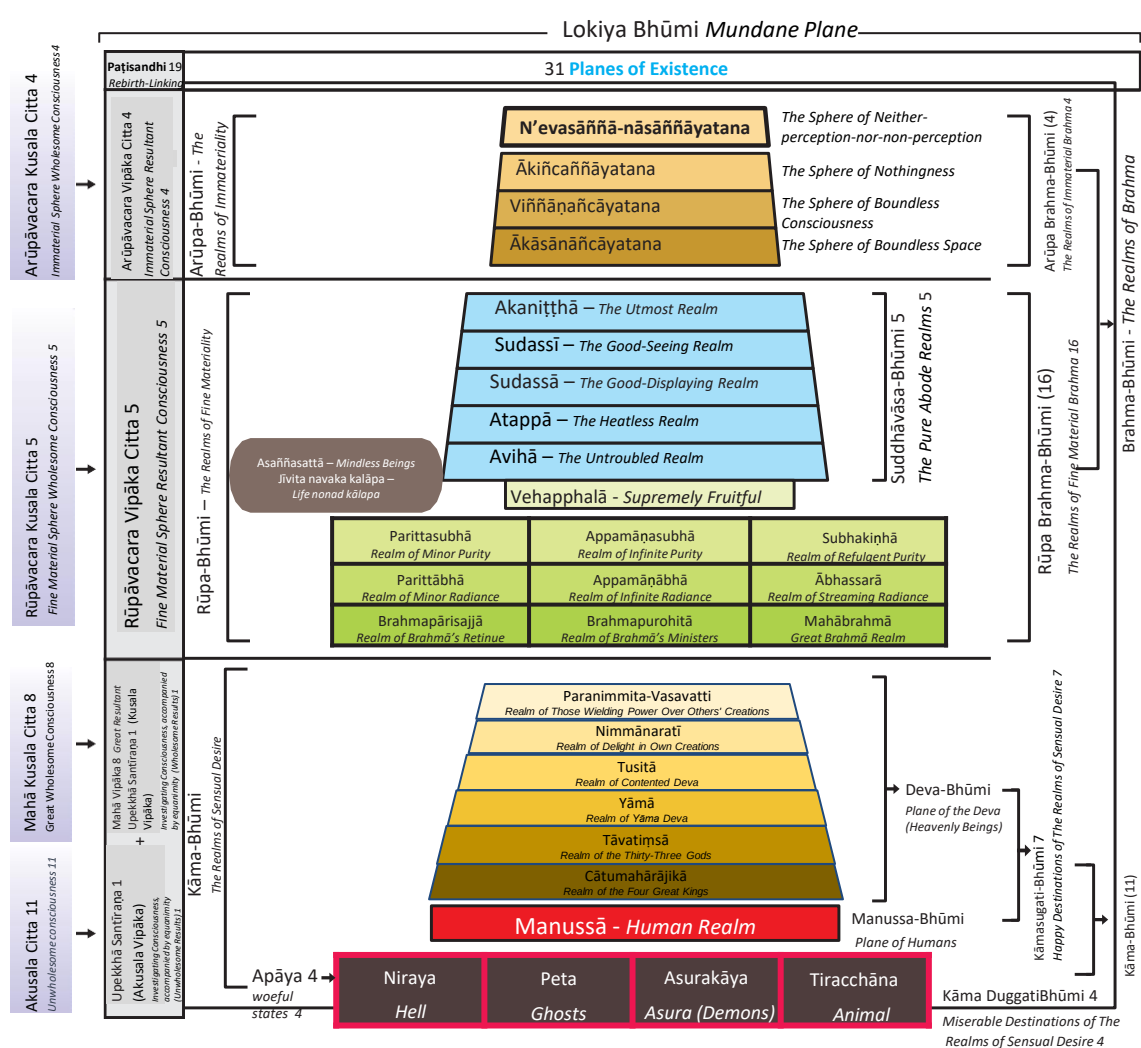
Pañca Bala The Five Powers

1. Saddhā-Bala - The Power of Faith
2. Viriyya-Bala - The Power of Effort
3. Sati-Bala - The Power of Mindfulness
4. Samādhi-Bala - The Power of Concentration
5. Paññā-Bala - The Power of Wisdom



Magga Sacca The Truth of the Path

1. Sammā-diṭṭhi - Right View
2. Sammā-saṅkappa - Right Thought
3. Sammā-vācā - Right Speech
4. Sammā-kammanta - Right Action
5. Sammā-ājīva - Right Livelihood
6. Sammā-vāyāsa - Right Effort
7. Sammā-sati - Right Mindfulness
8. Sammā-samādhi - Right Concentration



PACCAYA 24 Condition

1. Hetu Paccaya – Root Condition
2. Ārammaṇa Paccaya – Object Condition
3. Adhipati Paccaya – Predominance Condition
4. Anantara Paccaya – Proximity Condition
5. Samanantara Paccaya – Contiguity Condition
6. Sahajāta Paccaya – Co-nascent Condition
7. Āñāmañña Paccaya – Mutuality Condition
8. Nissaya Paccaya – Dependence Condition
9. Upanissaya Paccaya – Decisive Support Condition
10. Purejāta Paccaya – Pre-nascent Condition
11. Pacchajāta Paccaya – Post-nascent Condition
12. Āsevana Paccaya – Repetition Condition
13. Kamma Paccaya – Kamma Condition
14. Vipāka Paccaya – Result Condition
15. Ahāra Paccaya – Nutriment Condition
16. Indriya Paccaya – Faculty Condition
17. Jhāna Paccaya – Jhana Condition
18. Magga Paccaya – Path Condition
19. Sampayutta Paccaya – Association Condition
20. Viprayutta Paccaya – Dissociation Condition
21. Atthi Paccaya – Presence Condition
22. Natthi Paccaya – Absence Condition
23. Vigata Paccaya – Disappearance Condition
24. Avigata Paccaya – Non-disappearance Condition

Sacca 4 Four Noble Truths

1. Dukkha Sacca
The Truth of Suffering
-Lokiya citta 81
Worldly Consciousness
-Cetasika 51
Mental Factors (except Greed)
-Nipphanna-Rūpa 18
Types of real Materiality
2. Samudaya Sacca
The Truth of the Origin of Suffering
-Lobha Cetasika
Mental Factor of Greed
3. Nirodha Sacca
The Truth of the Cessation of Suffering
-Nibbāna
Nibbāna
4. Magga Sacca
The Truth of the Path
-8 Cetasika in magga-cittakkhaṇa
8 Mental Factors (Eightfold Path) in Path Consciousness